# Realignment: A Self-Care & Healing Plan

Membership Terms & Conditions – Addendum to Client Consent Form

**This addendum outlines the specific terms and conditions related to participation in the Realignment Membership Plan offered by India Grace Holistics.**

## DELIVERY & COMMUNICATION

* All sessions are conducted via Zoom or phone only — no in-person sessions are included in this plan.
* Members may send up to 4 emails per month for support. These should be concise and not used for extended therapy or coaching exchanges. If more support is needed, a full session will be recommended.

## SESSION SCHEDULING

* Sessions are available during business hours, with limited availability by arrangement (evenings or Saturday mornings only).
* Check-in sessions are 30 minutes each, and members are entitled to two per month.
* No session banking: If sessions are not used within the month, they are forfeited and do not roll over.

## MEMBERSHIP & PAYMENTS

* The membership is billed monthly at $144 AUD.
* Clients must complete a full session ($220) prior to joining. If joining, the membership, this session is discounted to $198. The total upfront investment to join is therefore $144 (membership) + $198 (session) = $342.
* Members receive 10% off all full-length sessions while their membership is active.
* The plan is month-to-month, with 7 days’ notice required to cancel before the next billing cycle.

## PAUSE & REFUND POLICY

* Members may pause their membership for one month once every six months. A minimum of 7 days’ notice is required.
* There are no refunds once a payment has been processed.

***By joining the Realignment Membership, you agree to the above terms as an extension of your original Client Consent and Disclosure Agreement with India Grace Holistics.***

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_