



India Grace Holistics – Privacy, Ethics & Educational Disclaimer Policy

Effective Date: 29 October 2025

1. Purpose & Scope

This document outlines how India Grace Holistics (IGH) collects, uses, and protects personal information, and explains the ethical boundaries of all IGH services, programs, events, and digital experiences—including automated tools, social media, and any AI-driven assistants.

It applies to every point of contact with IGH: website, social media channels, online programs, events, email communication, printed materials, and any automated chat or AI assistant associated with India Grace Holistics.

2. Educational & Ethics Disclaimer

All IGH content—books, videos, posts, sessions, programs, products, events, and AI interactions and automates digital tools—is offered for educational and self-development purposes only.

It does not provide medical, psychological, or dietary advice, diagnose conditions, or replace qualified healthcare. Always consult a licensed health-care professional for diagnosis or treatment of any medical condition. Information provided by IGH should not be used to make, adjust, or cease any medical or therapeutic plan.

IGH honours the body's intelligence and self-healing capacity while respecting the role of professional care when required. If you are in crisis or experiencing suicidal thoughts, please contact a trusted person or your local emergency or crisis support line immediately.

By engaging with IGH or its digital tools, you accept full responsibility for your wellbeing and use the information at your own discretion.

3. Information We Collect

We collect personal information you choose to provide, such as: name, email address, phone number, and relevant health background when booking or enquiring about services. Payment details are processed securely through trusted third-party gateways. Website usage data via analytics tools and cookies may be collected to improve user experience.

4. How We Use Information

Information is used to deliver services, respond to enquiries, send educational materials and program updates (opt-in only), improve offerings through aggregated data, and maintain compliance with legal and ethical obligations. IGH does not sell or rent personal data. Data may be shared only with trusted providers (e.g., Wix, Stripe, PayPal) as needed for secure operation.

5. Data Storage & Security

Personal data is stored securely in password-protected systems with limited access. IGH takes reasonable steps to safeguard against loss, misuse, unauthorised access, or disclosure.

6. Your Rights

Clients may request to access or correct their data, withdraw consent for communications, or request deletion of records where legally permissible. Contact kristy@indiagrancelistics.com.au for all privacy requests.

7. Third-Party Links & Integrations

Our website and services may include links or integrations (e.g., Wix, Dropbox, local encrypted computer storage). These have independent privacy practices; please review their policies separately.

8. Intellectual Property

All content—text, graphics, logos, photos, programs, digital downloads, and AI knowledge files—is owned or licensed by India Grace Holistics™ and protected under copyright. Reproduction or redistribution without permission is prohibited.

9. Updates to This Policy

IGH may update this document periodically to reflect operational or regulatory changes. The most recent version will always appear on the website and supersede prior versions.

10. Contact & Review

Questions or concerns regarding privacy and ethics:

Email: kristy@indiagrancelistics.com.au

Mail: India Grace Holistics, Wangaratta VIC Australia

Last reviewed: 29 October 2025.

11. Client Consultation Disclosure & Consent

Before commencing any consultation, program, or session, clients are required to complete the India Grace Holistics Consultation Questionnaire. This form collects personal, health, and lifestyle information to assist in delivering tailored educational guidance and wellness assessments.

Confidentiality is strictly maintained; information is not disclosed without informed consent except where required by law. By completing the consultation form, clients acknowledge all services are educational, not diagnostic or prescriptive, and remain responsible for their own health decisions.

12. Client Consent & Disclosure Form

This section defines the scope of the practitioner–client relationship for all India Grace Holistics services. Clients acknowledge services may include counselling, functional nutrition, energy work, and trauma-informed techniques, and are educational, not

diagnostic. The practitioner does not provide medical treatment or replace licensed care. Confidentiality is maintained except when disclosure is legally required. Clients may pause or cease participation at any time and are encouraged to communicate discomfort immediately. By signing the Consent & Disclosure Form, clients provide informed consent and understand their rights and responsibilities.